



Teacher lunchbox information

Below are two examples of lunchboxes which you can 'pack' for classroom discussion.

Lunchbox 1 – nude food

A vision is important as it encourages and motivates people to behave in a certain way.

- Sandwich – in a sandwich container or a paper bag is also OK. Paper bags can be composted with food scraps.
- Chips – a small amount from a large packet packed in a small reusable container
- Biscuit – in a small container, cloth bag, or paper bag
- Piece of fruit
- Reusable drink bottle

Lunchbox 2 – packaged food

- Sandwich – wrapped in cling wrap
- Small packet of chips – in original packaging
- Biscuit – wrapped individually in packaging or cling wrap
- Fruit in packaging
- Drink in a plastic disposable bottle